

# STOOL SPECIMEN COLLECTION INSTRUCTIONS

A number of different laboratory tests can be performed on stool. Each test has specific requirements for proper collection, storage and transport of the specimen. You have been asked by your physician to collect one or more stool specimens for testing. Please remember that the specimen should not be mixed with urine, water, or paper.

A simple method for collecting a stool specimen is to stretch a piece of plastic wrap across the toilet under the toilet seat. The stool specimen can then be transferred to the appropriate container as required.

Please follow the instructions shown below. **It is extremely important that you write your full name, date of birth and the date and time of collection right on the container.** Please call CHILDREN'S PHYSICIANS or contact the laboratory's client services if you have any questions

## OVA & PARASITE EXAM or CRYPTOSPORIDIUM/GIARDIA DFA



**Required Container:**

Black top container.

**Collection  
Instructions:**

1. Carefully uncap the vial.
2. Using the plastic spoon attached to the cap, transfer enough stool to bring the liquid level up to the black arrow on the label marked "ADD SPECIMEN TO THIS LINE". Choose liquid or bloody portions of the specimen if present.
3. Recap the vial tightly and shake well.
4. Write the patient name, date of birth, and date and time of collection on the label.
5. Place the vial back into the plastic bag and **keep at room temperature.**

**Transport:**

Often times you will be asked to collect multiple specimens a few days apart. Specimens can be kept at room temperature until the final collection. Specimen(s) must be returned to the laboratory **within 7 days.**

## STOOL CULTURE



**Required Container:**

Orange top container.

**Collection  
Instructions:**

1. Carefully uncap the vial.
2. Using the plastic spoon attached to the cap, transfer enough stool to bring the liquid level up to the red arrow on the label marked "ADD SPECIMEN TO THIS LINE". Choose liquid or bloody portions of the specimen if present.
3. Recap the vial tightly and shake well.
4. Write the patient name, date of birth and date and time of collection on the label.
5. Place the vial back into the plastic bag and **keep at room temperature.**

**Transport:**

Specimen must be returned to the laboratory **within 2 days.**

## C. DIFFICILE NUCLEIC ACID AMPLIFIED TEST (C DIF NAAT) , HELICOBACTER PYLORI ANTIGEN (HPSA), ROTAVIRUS ANTIGEN (V ROTA)



**Required Container:**

Green top container.

**Collection  
Instructions:**

1. Uncap the vial.
2. Using any plastic spoon, transfer at least 0.5ml of stool to container.
3. Recap the container tightly.
4. Write the patient name, date of birth and date and time of collection on the label.
5. Place the vial back into the plastic bag and keep **frozen.**

**Transport:**

Specimen must be returned to the laboratory **within 2 days.**